

Balika Vidyapith Lakhisarai (811311)

CLASS - 4

SUBJECT - EVS

Based On NCERT

Date - 15/10/2020

Revision

A. Choose the correct words.

- 1. Fats give us more energy / less energy than carbohydrates .**
- 2. Growing children / Old people need lot of proteins .**
- 3. Roughage refers to the fibres / minerals in the food .**
- 4. Water / Roughage help to maintain our body temperature.**
- 5. In deep freezing, food is kept at a very high/ low temperature .**

Home Work

Jyoti

